



Xanthi Michail

E mail: xanthimichail@gmail.com

Professional activity (ies): Emeritus Professor of Rehabilitation Medicine
Immediate Past President ESPRM (2015-2017)
President of ESPRM (2011-2015)
President of European Academy of Rehabilitation Medicine (2015-2019)
Honorary President of Hellenic Society of PRM (since 2013)
President of the Hellenic Society of PRM (1998-2012)
President of UEMS, European Board of PRM (2006-2008)
Honorary member of SIMFER (2009)
Vice President of Mediterranean Forum of PRM (2008-2010)
Honorary member of "The Hellenic Society for the study and research of aging"
(HSSRA 2014)

Chair of the Special Interest Scientific Committee "PRM in Ageing Persons

Prof. Michail has assisted in the founding in Greece of "The Hellenic Society for the study and research of aging" in which she has been nominated as Honorary member. She has presented relevant lectures in the 1st International Seminar on Geriatric Rehabilitation held in Athens, Greece on 1-3 APRIL, 2011. Since 2014 as President of ESPRM she has developed a network between ESPRM and EUGMS (European Union Geriatric Medicine Society). On December 10-12, 2015, she has co-organized with Prof. Jean-Pierre Michel the 1st EICA-ESPRM-EUGMS train the Trainers course on "IMPACT OF NUTRITION FOR REHABILITATION OF OLDER PATIENTS".

Main publications, related to the Special Interest Scientific Committee, cited in Pubmed on PRM in Ageing Persons (August 2017)

1) Current research funding methods dumb down health care and rehabilitation for disabled people and aging population: a call for a change. Negrini S, Padua L, Kiekens C, **Michail X**, Boldrini P. Eur J Phys Rehabil Med. 2014 Dec;50(6):601-8. PMID: 25521703

2) The role of exercise in prevention of sarcopenia and frailty of elderly
Article

May 2014, Annals of Physical and Rehabilitation Medicine, Xanthi Michail

3) Evidence Based Position Paper on Physical and Rehabilitation Medicine (PRM) professional practice in ageing persons with disabilities. The European PRM position (UEMS PRM Section) (In print) European Journal of Physical and Rehabilitation Medicine.