

BIRŠTONAS- BALNEOLOGY RESORT



The history of one of the oldest balneology resorts in Lithuania - Birštonas has been recorded from the Middle Ages, when Lithuanian and foreign rulers used to stay there for hunting and rest.

Today Birštonas is calm and very fresh resort with modern health facilities, where you can relax and enjoy the various services of the highest level medical rehabilitation, you will be able to have treatment and recreation for various ailments applying not only the latest methods of treating but also treating with mineral water and curative mud, professional specialists will prescribe treatments exclusively for you, according your health condition and preferences.

A very significant point of wellness of Birštonas is the air of the resort as surrounding by forests and waters influences the air making it mild and inhalant.

82 % of Birštonas Municipality is in the territory of the Regional Park of the Great Nemunas Loops. It is not only the unique natural resources but also the exclusive landscape of this terrain that attracts holidaymakers to visit Birštonas and its surroundings. The forests in the curves and bends of the Nemunas recall the times of royal huntings when the bugle of Vytautas the Great echoed in Žverinčius forest and invited members of royal families from that time to partake in recreation.

The oldest Lithuanian bottling mineral water company is still functioning in Birštonas. It started its activity in 1924 when it started to become popular to drink mineral water "Vytautas" or "Birutė". The first bottles of mineral water were tapped in Kaunas but in the seventh decade this activity was relocated to Birštonas. However, it is not necessary to buy mineral water in the resort. One can taste the real non-carbonated mineral water "Vytautas" in the pump-rooms of the sanatoria "Tulpės" and "Versmė".

Excursion price includes:

- Travelling by a comfortable bus
- Excursion guide

-Visiting 2-3 Health Resorts

-Lunch

Full day excursion. Price per person – 30 EUR

For more information or to register to the tour, please contact **Tomas Kybartas** tomas.kybartas@lvoa.lt